# $\operatorname{BOB} B 5$ <br>  <br> All correspondence should be addressed to the Editor. Hobbies Weekly, Dereham, Norfolk 

## * FREE design inside to make



AFIRESCREEN is always acceptable in the home and makes an ideal cift at any time of the year. The modern look of the one illustrated, with its bird motif in marquetry, makes a particular appeal.
The marquetry picture stands out, as it is applied dircetly to the hardboard background. The screen is fromed with contemporary picture moulding and stands on modern ball feet.

# MARQ FIRES  

The hardboard panel (picec A) is 24 ins . by 18 ins . by tin . (supplied cut to size in Hobbies kit), and the position of the marquetry picture is shown in Fig. 1. Mark the position carefully from the measurements given, and transfer the marquetry picture from the design sheet on to the hardboard panel with carbon paper.

In making up their marquetry picture it will be noted that workers will make their own selection of veneers and an indication of colouring can be gauged from the shading on the finished drawing. Make sure to contrast your veneers so that the bird itself stands out from its background.
For those using a Hobbies kit, apart from the hardboard panel there is also supplied a pack of venecrs, contemporary picture moulding for the frame, and the ball fect, etc.
The veneers are applied direct to the hardboard panel, and it should be emphasized that the outside edges of the picture must exactly conform to the traced outline in order to ensure squareness.

Make a start on the picture in the top left-hand corner by cutting the veneer for the sky piece indicated as piece 1 in Fig. 6. As already stated, the outside edges will conform exactly to the traced outline, but where this piece joins the tree (piece 2) a slight overlap is allowed. Glue piece 1 to the board and then trace the tree (piece 2) on to its selected vencer. Parts of this which form the outside edge will again be cut square and the sides marked X (Fig. 6b) also cut exactly to shape. An overlap is again allowed on the remaining edges of piece 2 where they will join up with the next vencers.

Now lay piece 2 over piece 1 and cut piece 1 to the shape of piece 2 at $X$, thereby using piece 2 as a template and ensuring a perfect join. Remove the surplus veneer from piece 1 (Fig. 6c and 6 d ), and then glue piece 2 into position. Continue in like manner all round the outside edge of the picture. From these outside edges complete the picture by vorking to the centre, overlapping as already described wherever possible in order to obtain perfect joins.

The attractiveness of the finished

turns can be wound in these notches. Somo formers are already notched in this why. If not, aicks can be made at tin. intervals with a small file. same connections as described for the coil in Fig. 2 But in Fig. 3 the coupling winding is interwound between the lower urns of the tuned winding. This method

goes to the zerial. As point ' 6 ' goes to Such it issues from the coil. cither by means of smanll brackels bolled the tube, or by cutting ackels bolted or wood to fit inside the tube and crewing this to the receiver turseboand. is best to heave the various ends long. oociver, thereby avoiding parts in the oints. A small, fretwork type drill will oe ueful for making the small holes hrough which the ends of the windings

## A S.W. rocelver

with even a since reception is ponsible With even a single value, a 1 -valver is Ex.W. band. The circuit for such a recetive is shown in Fige 4, and is very similar to 1 -vulvers employed for L.W., and M.W. reception
Either
ueed, or similar coils fercribed can be lent ths. Fimalar 4 and 5 have the coil leads numbered to agree with Figs. 2 and 3 , and it is eseential that the correct con. For S. W reception. $\operatorname{ser}$ of $00015 \mu \mathrm{~F}$ ( 150 pH ) or ( 200 p F ) is ucual, as the $000 \mathrm{or}_{\mu \mathrm{F}}(500 \mathrm{p} \mu \mathrm{F}$ M.W. roceivers is of ruther lar L.W. and so that tuning becomen difincult. smaller reaction condenser is nliso unual,
$.0002 \mu \mathrm{~F}$ being average.

Any detector vaive will be satisfactory iode airculb the old type or 2 -von alves are not produced for all-dry peration. If an accumulator is not esired, a 1.4 V . valve should thus be by joining screen grid and anode, as Fig. 5 shows a practical wiring plan

hat the socket connections in Fie 5 and from above. This is more convenient widh such a simple receiver, rather than wition above. If the necessary socket taps bent out a little, and Fig. 5 follomed exactly, no error in wiring the holder With any S.
With any S.W. receiver, connectionsin and direct. Coil winding leads are sher core cut off at suitable lengths.
A choke for about 15 to 80 metres an 38 made by winding about 150 turns of tin. diameter insulated tube ore of the winding is taken to the valve anode, and the other to the phone socket Tuning is quite critical, so that a larg knob, with dial, is necessary. A reductio rive would also prove very helpful seccause of the extreme wharpness uning on low wavelengths, a speci method known as "Bandspread Tuning' often used in receivers designed particularly for S.W. reception. This will be dealt with in the next article in this Rea to build up volume. It will also be muct

it 4 will prove useful to construth more critical than with a L.W. and M.W. heoratical circuitestomed to ructors nections givea are for alveholder reading equivalent, and it will be noticed ve, or two rockets and woill be noticed that board, on amall blockin. above the buse-
6.
more critical than with a L.W. and M.W quite Coils for other wavelengths be made and the followins thble will allow mis to be done, or tubd of various diameter to be employedo number of turns for the tuned only is given, aerial coupling and reactio $2 / 3 \mathrm{r}$

## AXEMANSHIP FOR CAMPERS

 An axe is a dangerous tool in unskilled
hands and should never be fooled with. Severe accidents have been caused by lying axehead or an axe, on its impact acute angle. This disagrecable habit of the axe is the cause of many a gaping
Listed below are a few rules which the amateur camper will find useful:
Always clear the ground around the place where you are working; make sure no branches impede the swing of the axe.
Never use an axe which has a loose to other people.
In camp, never leave an axe lying carelessly around. Always emb
the nearest log or tree stump.
use. If you have a case for the head, use it, or wrap the edge in sacking
When using the axe always keep onlookers at least 10 feet away and to the one side.
Illustrations accompanying this article
and show a few 'do's and don' ts'. Figs. methods of cutting wrowg and correch

ANY people who spend campANY people who spend camp-
ing week-ends and holidays,
think nothing of spending pounds on equipment like camp-beds pounds on equipment like camp-beds cheapest items of camping equipment namely the axe, remains constantly neg lected. A good camper should, in fact have as much respect for his axe as fo his tent. Unfortunately however, this is camping methods and choice of belong. ings. think nothing of using a blunt ax or one with a loose head

or stick is always centred on the log and axed at that spot. Fig. 3 shows the common way or sphitting small branches This method should not be resorted to as a split limb is a likely result. Fig. 4 is
more sensible approach. Figs. 5 and point out the wrong and correct methods of splitting wood.
rec felling also has its hazards and a below.
Never attempt to fell a tree againsī́ Never att

faces the direct
the tree to fall.
the tree to fall. Two main strokes are used in felling. a wedge shaped opening. The second stroke should be as near horizontal as possible, this severs the first opening. The strokes are then repeated and varied i necessary.
cut across the trunk. When that portion



2 Before attempting to cut down a tree has been sliced out between the two decide the direction in which you grooves, slice another kerf on the other want it to fall and see that its side of the trunk one third of the trec's
branches will not lodge in another
diameter in dephth (se Fig. 8 .
3 tree. Cut off all side branches which may $\begin{gathered}\text { Once the tree begins to tremble, step } \\ \text { sideways never backwards. Should on }\end{gathered}$ get in the way of the axe (Fig. 7). falling tree strike another the but invariably strikes back from the stump
and axemen may receive injuries. (J.M.) and is made on the side of the tree which

## Continued from page 68

## Tuniny Short Wares

this number, for each coil, as already Dia. of No. of Waveband. explained. The waveband coverage listed is.not exact, as this depends upon the
length of connecting leads in the receiver.
Coils wound on ribbed formers will tune slightly lower wavelengths than an equivalent coil on a smooth former. Fo the larger coils, tuning up to 100 metre wire of about 24 S.W.G. will be satisfac tory as 20 S.W.G. or similar wire will tak Any of these coils san be
is can be used in the


The mext article in the series ${ }^{40-100 \mathrm{M} \text {. }}$ explain bandeprend tumber withee in F. G. Rayer.


H

- World, opene key to the New Norld, opens the door the flow strong as the hurricanes that occasionally sweep the bay. Buccancers, French time and time again. Galleons, londed with treasure from El Dorado, sought Havana, the Dutch blocknded it four times. The Earl of Albemarle beseiged it, and made the citizens pay heavily for the expenses or his long vigil.
Modern history of Cuba be vana, for the battleship Maine wing Huain the harbour. The Spanish-American War broke out. So came inother block. ade, more bloodshed, and a new adminis-
tration. cration
Turbulent filtorg
Philip IV of Spain rightly called
Havana the bulwark of the West Indies. It has withstood the storms of Indies. violence, and some of the most terrible hurricanes with which Nature has ever punished the world.it has tived through the ravages of fever, fire, flood, and civil
war. They will show you ominous little war. They win show you ominous little patriots stood for the last time.
And
to-day it And to-day it is one of the dozen of the suzar and tobacco trades. centre The seded of Havana tobacco is sown at the end of August. After some forty days,
when the planis are about 5 Sins. high, they when the plans are about Sins. high, they
are ready for transplanting from their are ready for transplanting from their
special beds into the field. of transplanting, the lear takes from 60
to 80 days-according to the weather to 80 days - according to the weather -
to become fully dron
alle Lltaining a height of five feet.
Leaves are then cut one by
he plant, sewn together in pairs from hung across soules in barns, or or in the sun, maturing. The firse drring process of maturing. The first drying procecss is ame taken down and tied into bundles, which are then piled up to a height of six
feet or so, being then le介 to go through feet of so, being then lee

When the bales come into the factory, they are piled high, one on top of the other, in the warehouse. There they remain in their bales to undergo a second formentation. They will stay untouched years, according to the quality and richness of the leaf. All this time they are improving in flavour.
the bales are eveng dry and brittle when the bales are eventually unpacked, are on the floors, and thus made pliable for the process of stripping - that is, the removal of the centre stem of the leaf.
From the stripping From the stripping room, the leaves
used for fillers are collected, dried again used packed into barrels. Here they go through their third fermentation, often staying in these barrels for a further year, when after a series of seemingly never-
ending processes, the tobacco is ready ending processes, the tobacco
for manufacturing into cigars.

## CIGAR BANDS <br> - By R.L.C.

Fillers are taken into the blending room, where they are mixed in various froportions according to the private usually contains tobacco from eight, ten, or even twelve different plantations, and as each factory makes several different smokes two cigars from the same factory which taste entirely different.
The blend having been made, it is The blend having been made, it is
handed out to the workman, each man handed out to the workman, each man cigars at a time.
Years of apprenticeship are needed to manipulate the filler by hand into the desired shape, and then deftly to cover it with the wrapper. Superb skill is
needed to produce cigar after cigar of exactly equal girth, shape, and weight. Finished cigars are taken to the selecting room and laid out on big benches, Where any of indifferent workmanship are discarded, and those retained sorted
into the different colours. The differen shadings are packed into boxes, marked under three main markings of Clar light), Colorado Claro (medium) an despatch. (dark). They are then ready fo Keep these facts handy, you will find hem useful if a friend when admirin your collection of cigar bands shoul sk you how cigars are made.
Noxt wokk's hay will contaln deleatit for model patters and yeak leturne
$M A K E$ SURE OF YOUR COPY

## A CHLLD'S DESK TRAY


line to make two identical pieces. Snooth off the rough sawn edges with glasspape
then glue and pin the two divisions insid the tray so that their outer edges are 4 tins. apart. Readers who do not posses a brace and tin. diameter bit can make the divisions by obtaining two pieces of out the curved recesses with a fretsaw.

HIS desk tray is for use on a child's base piece is cut tin. wider and longer desk for keeping pencils, rubbers, than the frame it should project tin. all
clips, etc. tidily together. The con Lelps, etc. ndily together. The consuitable for very simple and quit Start by making the outer frame whic measures $8+$ ins. by 2 inins. outside measurements. This is made from $\ddagger$ in by din . planed timber. Cut two pieces


is
7


8 tins. long and two pieces 27 ins. lons. the mitred joint illustrated at Fig. I(A) This can be accurately made by using a mitre block. Alternatively, half-lapped joints (B) or even butt joints (C) may be then the two ends must be shortened to ${ }^{2}$ tins.
After this, cut a piece of plywood 8tins. by 3 tins. for the base. Smooth of
the sawn edges with a rub of lasspaper the sawn edges with a rub of glasspaper glue and inserting a few fine panel pins
from the underside of the base. Since the

Fig. 2
round the frame
The next step is the making of the two inside divisions for holding the pencils. This is best done by obtaining a piece of
$1 \frac{1}{1 /} \mathrm{ins}$. by
in in. planed timber, 2 t ins. Ions and boring three $j i n$. diameter holes as shown in Fig. 2. Now saw up the centre


If the tray is intended to be used on top of a polished surface then it is a good
idea to oblain a piece offelt and glue this the underside of the tray to preter the underside of the tray to preven
the polished surface being seratched. To complete, fill up any pin holes with plastic wood then apply a coat of stain

## String Holder and Cutter

DON'T throw away that old paint
funnel. Give it a thorough clean and paint it in a gay, contemporas a string holder, as shown. Now, you will need a string cutter. From a piece of scrap deal, 3ins. by tins. by tin. thick, cut out the shape portion.

> By E. Capper

Lengthways, and through the ' $\mathbf{V}$ ' piece, cut a slot with a hacksaw blade, taking it right back to the flange piece at the back. This slot houses the razor blade.
Lay the razor blade on the top of the fitting and mark the position of the two outside holes. Drill through to the depth of the slot only so that the holding screws clear this hole but screw into the portion of the woode will be suffient. Drill two tin. holes through back flange for screws to fix fitting to wall. A word of warning. Make the ' $V$ ' nick no more than tin. in depth so that it is
sufficient for the exposed blade to cut the string but not wide enough for your the string but not wide enough for yo
finger to come into contact with it.



Tit may in some way be connected Galls contain or oak galls. This is ermenting either tannic acid and by gallic acid is obtained. It is also formed. when tannic acid is boiled with dilute mineral acids.
It comes into
It comes into the laboratory as fine buff ight in weight. It is not very soluble in

water, as you will see if you shake a in a test tube. Now heat the water Th acid dissolves more easily and on cooling crystallises out again.
By filtering of the
have a saturated solution of gallic acid with which to try out some interestid reactions. To a little of the solution add a drop of ferric chloride solution. A deep Repeat the test using a solution appears. acid instead of gallic acid. This tonic gives a similar reaction. How are wo then, to distinguish between the two and divide the solution into warm water Add tannic acid solution to one and allic acid solution to the other. Tannic whereas zallic acid does nor precipitate, A further method of distinguishing them is to add solutions of each to two Tannic acid gives a white precipitan. Tannic acid gives a white precipitate.
sulphate is often not quite pure, this Finally, if you add a little solid once. Finally, if you add a litters solid once. a fine red solution is formed hydroxide Having familiarised oursed reactions let us turn to substances with the can be prepared from gallic acid. Technically, it has proved a useful chemical for in photography, medicine and for the manufacture of dyes.
photoro', or pyrogallol, is familiar to substanape. It is madic by heatis parent acid. To see how this is doneating and at the same time to prepare a specimen for your shown in Fie 1, rig up the apparatus In the test tube
gallic cicid. Heat up the modicinal tiquid
panfin until the the parafin until the thermometicinal liquid grape. Adjure the to 2220 detrices Cantiperature is constant. If you use a temlamp you can regulate the heat by sland-

## FACTS ABOUT GALLLIC ACID

one upon the other, and lowering the lamp by removing these wood squares The gallic acid turns brown melts and begins to give off gas, which is indicated by the appearance of small bubbles in the melted acid. A little whitish sublimate may, but the main portion remain pyogal melted mass. After a time the bubbles of gas which bubble through the lime water produce a white turbidity, showing the
gas to be carbon dioxide. When no more gas is evolved and the melt is in tranquil gas is evolved and the melt is in tranquil
fusion, remove the flame. Take out the test tube from the paraffin bath and let it cool down.
The solid mass remaining in the test fobe on cooling may now be worked up farm it in the water-bath, Much or all of the solid dissolves. Pour off the solution into a beaker and repeat the process with another 15 c.c. of water.
Filter the combined extract from a smali amount of brown insoluble matter and evaporate the whole to dryness in an evaporating basin on the water-bath. A brown mass of pyrogallol remains. Pure pyrogallol is white, but to remove the
small amount of brown colouring matter is unprofitable on the small scale and the product is quite pure enough for all rinary laboratory tests.
A prominent gallic acid derivative which is known in medical circles as Dermatol. It is used as an antiseptic dusting powder in place of iodoform. To prepare a specimen, dissolve 5 grams of acetic acid, and make up the filtrate to a volume of 20 c.c. with water.
20 Dissolve 1.67 grams of gallic acid in 20 c.c. of hot water. Add this to the A yellow, powdery precipitate of bismuth subgallate appears at once. Filter this off and wash it on the filter with warm water is no the water running through the filter ascertain by letting a few drops sun on o blue litmus paper when, if acidity has isappeared, the paper will no longer be turned red. Open out tho filter paper and let the whole dry in a warm place,
such as the top of the domestic fire oven. Yellow bismuth subgallate remains as an odourless powder. An interesting re
sodium hydroxide solution. Drop a little inssolves with a red-orange colour. It sodium hydroxide solution on to some of the solid substance. It will turn bright red. A typical dye made from gallic acid is grams of gallic acid in a mixture of 88 c.c. of methylated spirit and 100 c.c. of water, pour the solution into a wide mouthed bottle and cool it in a freezing mixture of ice and salt. When the tem-
perature is below 5 degrees Centigrade, very gradually add 13.5 c.c. of a 28 per cent solution of potassium hydroxide, stirring constantly so that the temperalure does not rise above 10 degrees. Rig up the apparatus shown in Fig. 2
and turn on the tap above the filter pump, 1 so that a steady stream of air is drawn through the solution. The latter turns first olive-green, then greenish-brown
and soon begins to deposit a precipitate. and soon begins to deposit a precipitate.
When this increases no more close the screw clip, turn off the water tap and remove the bottle from the freezing
mixture.
Filter off the precipitate, dissolve it in until a strongly acid reaction is shown with blue litmus paper (turns from blue oo red). Boil the mixture and let it cool. yellow plate-like crystals. Filter greese off,
wash them with water, open out the filter whole Galloflavin has place. producing olive yellow shades mostly for producing olive yellow shades of chrome chrome mordanted wool by boiling 10

## with a glass rod

 wool thoroughly cool and then wash the now a dull green colo water. The wool is loflavin with water in a beaker and ald
grams of white wool yarn with about 200 c.c. of water until it is thoroughly wichromate, re-enter the wool and boil a few moments, remove the wool once more, add 0.6 gram of tartaric acid, re-
enter the wool and boil the whole for an
until the wool is dyed a full olive-yellow Wash it with water and let it dry light, but less so wool is fairly fast the well-known dyestuff alizarin. Consequently, it has been largely replaced by the latter in
commercial dyeing.

## MAGIC NUMIBER NINE

Toll
quite appears to be something and by using one or figure nine and by using one or both of the property as the basis for tricks. Reference to Fig. I will reveal a four
digit number and underneath are the digit number and underneath are the
same dixits rearranged in any order not merely reversed. The second number is subtracted from the one above giving the resultant answer.
Now suppose you had asked your
friend to think of a four digit number friend to think of a four digit number, subtract, just as we have done, then invited him to rub out one digit, could ou supply the missing figure? See how easy it is when you know that
our magical figure nine is involved, for all the digits in that answer add up to a multiple of nine, $9,18,27,36,45$ or 54 . In our example the answer is actually 4077, but our friend has erased the
figure 0 - perhaps to purzle us - but we know this quite readily by asking for the total of the remaining three digits Which is 18 . And of course, the nearest
multiple of nine in this instance is. 18 , so
that the figure 0 must have been erased.
If the answer had been $0+7+7=14$ a If the answer had been $+7+7=14$, we figure was 4 , merely by subtracting the ngure was 4 , merely by subtracting the
total of 14 from the nearest multiple 18 . In Fig. 2 a similiar principle is involved but here each digit has been added to
produce the answer and when these are produce the answer and when these are
totalled we arrive once more at the figure nine.
figure nine.
How can we use this fact for a trick?
Give your friend a piece of paper Give your friend a piece of paper for
the arithmetical calculations and a book the arithmetical calculations and a book.
Ask him to first write down any four Ask him to first write down any four and subtract the smaller number. Now ask him to add the digits of the answer
together to arrive at a single digit but together to arrive at a single digit but
keeping this seeret. He is now invited to turn to that numbered page of the book upon which he must concentrate, and,
by some uncanny power, you are able by some uncanny power, you are able
to reveal the general contents of the to reveal the general contents of the
page. You know, of course, that the answer will be nine, unless his arithmetic is very bad indeed, so you should choose a book where it is fairly easy to m
5641

1465
41.76
$4+1+7+6=18$

## MORE USEFUL FOIRMULAS

THERE is much enjoyment to be
had in making up and trying out one's own products. By kecping a these articles, so as to be able guickly in refer back, one will usually find a recipe or method for the odd occasion. In this article is given a selection covering a Wide area of the handyman's territoly,
and which it is hoped will feature something for everybody.
Belt edge colouring
Home leather workers will welcome. giving gloss to the edges of belts and straps which they have cut from sheet. This attention to an often neglected detail, especially in the case of straps, cerning customers. The brown edge gloss colouring is
made by dissolving tounce of borax in made by dissolving $\ddagger$ ounce on borax in
$6 \ddagger$ fluid ounces or hot water and stiring of fluid ounces or hot water and stirring
in $2 t$ ounces of shellac. Continue stirring
and dissolved. Then colour the solution by dissolving therein $\ddagger$ ounce of Bismarck
Brown. Brown. precisely the gloss colouring is made in place of the Bismarck Brown is taken by Nigrosine Crystals. These solutions will keep indefinitely in screw top jars.
Sigu letter cement
An excellent general purpose cement for sticking either the older pottery or the newer plastic letters and numbers is Mix intimately $3 \ddagger$ ounces of litharge (lead monoxide) and 2 ounces of white lead. Make this into a dough by working in small quantities of a mixture of volume of copal varnish until the righ consistency is reached. Only a very small quantity will be needed, so take care not lough will be too thin and the the may fall off by their own weight before the cement has hardened. Coat the back of the letters with the preparation, press hem into position and remove an

Glass'to glass cements
These are often useful for repairing
picces of cherished glassware, or for the picces of cherished glassware, or for the together two or more pieces of oflass. beating a small quantity of water, stir ring in borax littie by liftle until no more
will dissolve and then let the solution cool and stand a few hours. Surplus borax will separate out. Pour off the and stir in casein a litue. Heat ane unt no more will dissolve. Allow to cool and the cement is ready for use. Clean the two surfaces and let them dry. Apply the cement, bind or weight the article and
leave for two or three days undisturbed Another cement based on casein requires longer to harden, but once it is so, a bond is established which will water glass to thing it and a little powdered casein until a paste is formed. Use it in the same manner as the cascin. borax cement. Ir you find it difficult to warmed and thinned with a small quantity of water.
Steel pollsh
The bright steel components of ranges or tarnished may have become stained with a mixture of equal volumes of oil of turpentine and rape seed oil mixed to a creamy consistency with emery powder. metal until all stains are gover the finish by buffing with a clean cloth.
Britannia metal cleaner
Here is an easy and cheap method of
brightening that sugar bowl First rub ill sugar bowl or coffiee pot. Ferd rub all, over the article with rape
sed the article in soapy warm water, rinse with plain water and then polish up with precipitated chalk. if you use this gentle method scratches

Gold solvent
You may at sometime have had occasion to dissolve gold, say from usual mineral acids have nound that the it. This is soon done if you use upo regia, which is a mixture of 1 volume of strong nitric acid with 4 volumes of matter which is added to which not take care not to get the acids which, but skin. Should you do so, flush with water and dab with a paste of sodium bicarbe freshly prepared, for it does not keep If you are using it to remove gilding,
either dip the article into the mixed acids either dip the article into the mixed acids sponge fixed to a stick with of rubber band. When the gold has disappeared
rinse the article with water and dry ch killer
If you are troubsed with cockroache If you are troubled with cockroaches in. Mix together equal measures of powdered borax and icing sugar and sprinkle this in the beetles' usual haunts.

## A cheap gum

This gum is dark coloured, but its cheapness recommends it for many pur poses where the colour is of no conse 10 c.c. of boilling water, add 4 brams in resin and continue heating until it is dissolved. In another vessel dissolve 3.5 grams or borax in 90 c.c. of boiling water and then dissolve in this solution 12
grams of shellac. Mix the two solutions, grams of shellac. Mix the two solutions,
stir well and allow to cool, when the gum is ready for use.
Pale gum
Wherever a light coloured gum is results. Add 29 grams of gum excelien 112 c.c. of hot water and stir well. and subsequ stir the mixture as it cools and subsequently until the gum has all as a preservative. Knife cleaner
A cheap and efficient cleaner for this purpose is quickly made by thoroughly cuttle bone, $2 \frac{1}{2}$ ounces of silica, and $7 \frac{1}{2}$ ounces of bath brick. All these should be in fine powder.
Marble cleaner
Fireplaces, gravestones and similar articles which have grown dingy can offen be restored by the use of a special
preparation. It consists of a mixture of preparation. It consists of a mixture of
16 ounces of whiting, 8 ounces of trisodium phosphate and $\ddagger$ ounce of soda ash. Make this into a cream with water and apply a thin layer all over the marble by means of a brush. When it is dry wash off with water. The treatment
may be repeated if necessary. (L.A.F.)

SOLUTION TO CROSSWORD NO. 15



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## 1/4110

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stringa, butor, osc.
From branches,
stockioss or dirocs
 To HO: BEES TTD.. DOpt. 9\%, Deroham, ]

## Pheme med Gutiar Kli No. 3209. P.O.

 for.........encioned.Name $\qquad$ ............................................ 75


TN the last article we dealt with gliding in order to learn how to get
to your feet and now we must concentrate on more gliding as an aid to good swimming. This is often neglected
by baths instructors but is most useful by baths instructors but is most useful
both to gain confidence and as an aid to good style. The glide is the natural relaxation The glide is the natural relaxation
period of the breast stroke and if you period of the breast stroke and if you
can glide well you will learn how little
effort is needed to keep you anoat. Most beginners expend a great deal of energy in the mistaken belief that they must make great efforts to keep afloat, whereas
in reality this is quite unnecessary, and the energy properly applied will lead to much easier swimming.
Assuming that you have now mastered the abilitytit get to your feet from a hori-
zontal position, you must practise gliding for its own sake, with the aim of crossing the bath in this manner. In order to get a reailly good kick off (the secret of success!) you must push with both feet.
Raise one behind you as before and at the moment of pushing off, bring the other foot up with both legs bent as much as possible, and kick off hard,
Fig. 1 . It is important to raise the feet yourself along the water rather than upwards, which will happen if the kick takes place to low down, Fig, 2. body straight, feet together and pointed backwards, head well between outstretched arms. Keep going as long as
your breath holds out. At first you will your breath holds out. At first you will
probably wobble or travel diasonally but continue to practice and eventually you will be rewarded by feeling your your body should be held straight, nyy
tenseness must be avoided; the need to relax cannot be over-emphasised. Having gained some degree of pro-
ficiency at gliding, you will be ready to ficiency at gliding, you will be ready to
stant real swimming strokes. For general purposes the breast stroke should be energetic crawl left until later. Often the complete breast stroke arm and leg
movements are taught at once, but when movements are raught at once but when too much use of his arms and never

Learn to swim-2

## LEG STROKES

develops a good powerful leg movement, and it is the latter which is the main propulsive force in this stroke. The leg movement must first be learnt
and this is best done by holding on to and this is best done by holding on gripping the bar from underneath and placing your arms against the side, you
will be able to hold yourself horizontally will be able to hold yourself horizontally,
Fig. 3. Your legs should first be held out Fig. 3. Your legs should first be held out
straight behind you, Fig. 4, and then bent at the knees, keeping the latter as far apart as possible, Fig. S. your legs backwards and wa wide and kick your less backwards and as wide as pos-
sible, Fig. 6. Without a pause, force them together, squeczing water from between them, Fig. 7. This is the real


propulsive movement, not so much the actual kick as is often supposed, and consederable practice will be needed to them drift together. You will now be at the same position as at the start and will have completed one cycle.
To obtain the correct timing count 1 $2,3,4$, slowly; i.e. together. bend, kick
out, force together, pausing each time out, force together, pausing each time
the fect are toget in the glide position When you have got the rhythm, the next stage is to incorporate the move ment into your glide. Kick off as before
and when you are well launched, perand when you are well Younched, per-
form the leg movement. You will probably lose your timing at first but do not be discouraged for quite a bit of practice will be necessary.
At this stage you will find the use of a
float very helpful. This will enable you to keep your head above water whilst practising the leg movement. A small,
cheap air cushion is very suitable or even cheap air cushion is very suitable or even
a small beach ball. Hold the float at a smail beach ball. Hold the float at gently and start the leg movement. At first you will probably scarcely move at all, but continued practice will bring
success. You should continue until you success. You should continue untul you
are able to cross the bath without diffiare able to cross the bath without diffi-
culty.
(P.R.C.


A Quick-change Hanille


FULL-SIZE PATTERNS ON PAGE 79

78

EX. GOVT. BARGAINS

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attractive oil colours, is the latest in the series of Craft Master oil painting sets. Other canvases in the set feature a

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## BUILDING COSTS FROM ABOUT £7

These plans contain all the information needed to build the canoe and its accessories. The main frames and other shaped parts are drawn full size for tracing direct on to the wood. There are plenty of constructional diagrams, with step-by-step instructions, and a detailed material list. Accessory instructions include the making of paddle, spray cover, trolley, rudder, sailing gear, etc.

All of these canoes are of the decked kayak type and are primarily paddling craft, but sail is useful as an auxiliary and can add to the fun of canocing. If sailing capabilities are particularly required, PBK 20 is the best selection.

A canvas canoe can be built by the novice with limited equipment, and the average handyman can complete the job in about 40 hours. The structure consists of widely-spaced laths on cross frames, covered with a fabric skin. There are no difficult joints or awkward work. Plywood skinned canoes need more skill and a larger tool kit.

Building costs range from about $£ 7$ (for the PBK 10). We do not supply materials for building, but addresses of firms who do so are included with the plans.

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